

2014–15 NATIONAL ABORIGINAL & TORRES STRAIT ISLANDER SOCIAL SURVEY (NATSISS)

Non-Remote (Green)
Adult

PROMPT CARDS

- 10. Parent
- 11. Brother / sister
- 12. Partner / husband / wife
- 13. Other relative (e.g. Auntie, Grandfather)
- 14. Community Elder
- 15. Neighbour, friend or other community member
- 16. Volunteer organisation or community group
- 17. School
- 18. TAFE / University
- 19. Adult Learning Centre / Community Centre / Library
- 20. Other

Q05LANG

- 1. Ceremonies
- 2. Funerals / Sorry Business
- 3. NAIDOC week activities
- 4. Sports carnivals (excluding NAIDOC week activities)
- Festivals or carnivals involving arts, craft, music or dance (excluding NAIDOC week activities)
- Been involved with any Aboriginal or Torres Strait Islander organisations
- 7. None of the above

Q01CULP

- 1. Fished
- 2. Hunted
- Gathered wild plants / berries
- Made Aboriginal or Torres Strait Islander arts or crafts
- Performed any Aboriginal or Torres StraitIslander music, dance, theatre
- Written or told any Aboriginal or Torres StraitIslander stories
- 7. None of the above

Q03CULP



Green

More than one response is allowed

- 1. Can't afford
- 2. Too far away
- 3. Caring commitments
- 4. Work commitments
- 5. Health issues
- 6. Transport problems
- 7. School / study commitments
- 8. Other

Q13CULP

- 1. Sale of paintings and art works
- Sale of weaving, dyed cloth, sculptures, pottery, wooden art and craft
- Growing, collecting, making native fruits or herbs into food or ointments
- Arranging or participating in cultural dancing or performances
- 5. Providing or participating in cultural tourism ventures / activities
- 6. Payment for interpreting or translating from or into Aboriginal or Torres Strait Islander languages
- 7. None of these sources

Q15CULP

- 10. Recreational group or cultural group activities
- 11. Attended a native title meeting
- 12. Community or special interest group activities
- 13. Church or religious activities
- 14. Went out to a cafe, restaurant or bar
- 15. Visited library, museum or art gallery
- 16. Attended movies
- 17. Attended a theatre or concert
- 18. Visited park, botanic gardens, zoo or theme park
- 19. Watched Indigenous TV
- 20. Listened to Indigenous radio
- 21. No / none of these

Q04IISA



- 1. Played sport or took part in physical activities
- 2. Coach, instructor or teacher
- 3. Referee, umpire or official
- 4. Committee member or administrator
- 5. Attended sporting event as a spectator
- 6. Other sporting activity
- 7. No / none of these

Q04AIISA

- 10. Australian Rules Football
- 11. Walking / Jogging / Running / Fitness / Gym
- 12. Basketball
- 13. Netball (indoor and outdoor)
- 14. Cricket (indoor and outdoor)
- 15. Hockey
- 16. Softball / Baseball
- 17. Cycling / BMXing
- 18. Dancing / Ballet
- 19. Golf
- 20. Martial arts
- 21. Rugby / Rugby League
- 22. Soccer (indoor and outdoor)
- 23. Swimming / Diving / Other water sports
- 24. Tennis (indoor and outdoor)
- 25. Other

Q05IISA



- 1. A tribal group
- 2. A language group
- 3. A clan
- 4. A mission
- Aboriginal and/or Torres Strait Islander regional group
- 6. None of the above

Q01CULI

- 10. Transport problems or too far to travel
- 11. No jobs at all
- 12. No jobs in local area or line of work
- 13. Insufficient education, training or skills
- 14. Own ill health or disability
- Treated badly because you are Aboriginal and/or Torres Strait Islander
- 16. Too young or too old
- 17. Have criminal record
- 18. Don't have driver's licence
- 19. Unable to find suitable child care
- 20. Other
- 21. No difficulties

Q01DIFF

- Family Tax Benefit as a regular payment from the Family Assistance Office
- 11. Parenting Payment
- 12. Youth Allowance
- 13. Abstudy
- 14. Carer Allowance
- 15. War Widow's or Widower's Pension from the Department of Veterans' Affairs, including Income Support Supplement
- Disability Pension from the Department of Veterans' Affairs
- 17. Overseas government pension
- 18. Any other government payment
- 19. No / none of these

INC_Q10

- 1. Child support or maintenance
- 2. Superannuation, an annuity or private pension
- 3. Workers' compensation
- 4. None of the above

INC_Q19

- 10. Support from family, friends and school
- 11. Encouragement from elders and council
- 12. A relative to support if goes away to boarding school
- 13. Greater access to apprenticeships
- 14. Provision of coaches / mentors
- 15. Career guidance
- 16. More individual tutoring
- 17. Schools suitable for culture and/or beliefs
- 18. Suitable / reliable transport
- 19. Accessible secondary schools
- 20. Subsidies / grants to help affordability
- 21. Assistance for students with disability
- 22. Support networks
- 23. Other reason

Q01JEA

- 1. Primary School
- 2. Secondary School
- 3. University / Other higher education
- 4. TAFE / Technical college
- 5. Business College
- 6. Adult or community education centre
- 7. Industry Skills Centre
- 8. Other organisation
- 9. None of the above

Q02CED

- 10. Too much work
- 11. Other work-related reasons
- 12. Caring for family members
- 13. Personal or other family reasons
- 14. Course or qualification related reasons
- 15. No time
- 16. Too expensive / Financial reasons
- 17. Waiting to hear from education facility
- 18. Nothing available in area
- 19. Other

Q02RDNS

- 1. Gain a promotion
- 2. Get a better job
- 3. Get a job
- 4. Requirement of current job
- 5. Update training
- 6. Improve knowledge / skills
- 7. Improve qualifications
- 8. Interest
- 9. Other reason

Q03FI

Examples of training courses:

- Training seminars
- Training workshops
- Talks or lecture presentations
- Classroom-style presentations
- Training conferences (including: Tele/videoconferencing)
- Other group training sessions
- Audio-visual presentations
- Demonstration training session (for example: Equipment, Health and Safety)
- Self-paced training courses
- On the job training

Q01VQC

- 10. Trade or labouring training
- 11. Transport, plant or machinery operation
- 12. Management / supervision training
- 13. Technical training
- 14. Computer or office training
- 15. Sales and personal service training
- 16. Literacy training (reading or writing)
- 17. Numeracy training (adding, subtracting numbers etc.)
- 18. Music, art or craft training
- 19. Health and safety training
- 20. Other training

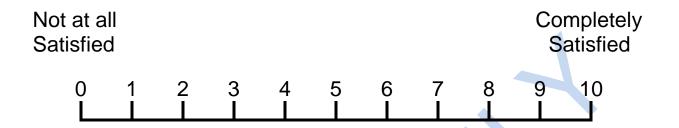
Q02VOC

- 10. Too much work
- 11. Lack of employer support
- 12. Other work-related reasons
- 13. Caring for family members
- 14. Personal or other family reasons
- 15. Course or qualification-related reasons
- 16. No time
- 17. Financial reasons
- 18. Location / transport reasons
- 19. Other

Q06VOC



Green



OLS_Q01



- 1. Less drinking / drug problems
- 2. Less fighting
- 3. Less crime
- 4. More jobs
- 5. More housing
- 6. More kids going to school
- 7. More say on community issues
- 8. Other
- 9. Nothing has changed

FUN_Q03

Vegetables — examples of serving size

standard serve is about 75g (100-3

- 1/2 cup cooked dried or canned beans, peas or lentils

½ cup cooked green or orange vegetables (for example, broccoli, spinach, carrots or pumpkin) — including frozen or tinned

- 1 cup green leafy or raw salad vegetables
- ½ cup sweet corn including frozen or tinned
- 1/2 medium potato or other starchy vegetables (sweet potato, taro or cassava)



Australia 2013.

Q01ANUT

Fruit - examples of serving size



A standard serve is about 150g (350kj) or:

- · 1 medium apple, banana, orange or pear
- · 2 small apricots, kiwi fruits or plums
- · 1 cup diced or canned fruit
- 30g dried fruit (for example, 4 dried apricot halves, 11/2 tablespoons of sultanas)

Source: Australian Dietary Guidelines Summary 2013. National Health and Medical Research Council. Commonwealth of Australia 2013.

Q02ANUT

- 1. All of the time
- 2. Most of the time
- 3. Some of the time
- 4. A little of the time
- 5. None of the time

SEWBQ01, SEWBQ02, SEWBQ03, SEWBQ04, SEWBQ05, SEWBQ11, SEWBQ12, SEWBQ13, SEWBQ14, SEWBQ15

- 1. Always
- 2. Often
- 3. Sometimes
- 4. Rarely
- 5. Never



- 10. Asthma
- 11. Bronchitis or emphysema
- 12. Arthritis or osteoporosis
- 13. Cancer
- 14. Diabetes
- Heart disease (including angina, high blood pressure or heart attack)
- 16. Stroke
- 17. Kidney disease
- 18. Back pain or back problems
- 19. Problems with eyes or eyesight
- 20. Problems with ears or hearing
- Depression or feeling depressed
- 22. Anxiety or feeling anxious or nervous
- 23. Behavioural or emotional problems
- 24. Harmful use of, or dependence on, drugs or alcohol
- 25. Other health condition

LTC_Q01, LTC_Q02



- 1. Shortness of breath, or difficulty breathing
- 2. Chronic or recurring pain
- 3. A nervous or emotional condition
- 4. Long term effects as a result of a head injury, stroke or other brain damage
- A long term condition that requires treatment or medication
- 6. Any other long term condition such as arthritis, asthma, heart disease, Alzheimer's disease, dementia, etc.

Q02DIS: Q03DIS



- Sight problems not corrected by glasses or contact lenses
- 11. Hearing problems
- 12. Speech problems
- 13. Blackouts, fits or loss of consciousness
- 14. Difficulty learning or understanding things
- 15. Limited use of arms or fingers
- 16. Difficulty gripping things
- 17. Limited use of legs or feet
- 18. A condition that restricts physical activity or physical work (e.g. back problems, migraines)
- 19. A disfigurement or deformity
- 20. A mental illness for which help or supervision is required

Q04DIS; Q05DIS

Personal needs

For example:

- Bathing or showering
- Dressing and / or undressing
- Eating and / or feeding
- Going to toilet
- Bladder / bowel control

Moving around

For example:

- Moving around away from home
- Moving around at home
- Getting in or out of a bed or chair

Talking with people

For example:

 Understanding and / or being understood by friends or family, strangers (including use of sign language / lip reading)

Q25DIS- Q28DIS



Examples of difficulties:

- Not attending school / further study due to condition
- Need time off school / study
- Attend special classes / school
- Other related difficulties

Q36DIS



Examples of difficulties:

- Type of job you can do
- Number of hours you can work
- Finding suitable work
- Needing time off work
- Permanently unable to work due to condition

Q37DIS

Examples:

- Look after pets or water your garden while away from home
- Collect mail or check your house while away from home
- Mind a child for a brief period
- Help with moving or lifting objects
- Help out when you are sick or injured e.g. the flu or sprained ankle
- Borrow equipment

Q01BSITC

Examples:

- Advice on what to do
- Emotional support
- Help out when you have a serious illness or injury
- Help in maintaining family or work responsibilities
- Provide emergency money
- Provide emergency accommodation
- Provide emergency food

Q02SITC

- 1. Friend
- 2. Neighbour
- 3. Family member
- 4. Work colleague
- 5. Community, charity or religious organisation
- 6. Local council or other government services
- 7. Health, legal or financial professional
- 8. Other

Q03SITC

- Money to help pay rent / bond / other housing costs
- 11. Provide or pay for food
- 12. Provide or pay for clothing
- 13. Let them borrow your car
- 14. Drive them places
- 15. Pay for educational costs / textbooks
- 16. Give them spending money
- 17. Give them money to pay bills / meet debt
- 18. Give them money to buy big cost items
- 19. Child support payments
- 20. Other
- 21. No support provided / no relatives outside the household

Q05SITC

- Domestic work, home maintenance or gardening
- 2. Providing transport or running errands
- 3. Any unpaid child care
- 4. Any teaching, coaching or practical advice
- 5. Provided any emotional support
- 6. Any other help
- 7. Did not help anyone

Q07SITC

- Theft including burglaries, theft from homes,
 motor vehicle theft, other theft
- 11. Problems involving youths such as youth gangs / lack of youth activity
- 12. Prowlers or loiterers
- 13. Vandalism or graffiti or damage to property
- 14. Dangerous or noisy driving
- 15. Alcohol
- 16. Illegal drugs
- 17. Family violence
- 18. Assault
- 19. Sexual assault or rape
- 20. Problems with your neighbours
- 21. Levels of neighbourhood conflict
- 22. Level of personal safety day or night
- 23. Gambling
- 24. No problems

Q01PROB

- 10. Serious illness
- 11. Serious accident
- 12. Mental illness
- 13. Serious disability
- 14. Getting married / Marriage
- 15. Pregnancy
- 16. New family member
- 17. Overcrowding at home
- 18. Getting back together with a spouse
- 19. Divorce or separation
- 20. Death of family member or close friend

Q01STR; Q02STR

Green

More than one response is allowed

- 10. Not able to get a job
- 11. Lost job, made redundant, sacked, retired
- 12. Started a new job or changed job
- 13. Bullying or harassment at work
- 14. Pressure to fulfil cultural responsibilities
- 15. Alcohol related problems
- 16. Drug related problems
- 17. Gambling problems
- 18. Witness to violence
- 19. Abuse or violent crime
- 20. You, a family member or close friend spent time in jail
- 21. Trouble with the police
- 22. Treated badly because you are Aboriginal and/or Torres Strait Islander
- 23. Unwelcome at child's school

Q03STR; Q04STR

R9

Green

More	e than	one	res	pon	se	is	all	'ow	'ea

- 10. Banks, Credit Unions or other financial institutions
- 11. Centrelink
- 12. Employment Services
- 13. Family Assistance Office
- 14. Doctors
- 15. Dentists
- 16. Hospitals
- 17. Aboriginal or Torres Strait Islander Health Workers
- 18. Mental Health Services
- 19. Alcohol and drug services
- 20. Disability Services
- 21. Medicare
- 22. Legal services
- 23. Phone or Internet companies
- 24. Motor Vehicle Registry
- 25. Power, water or gas providers
- 26. Housing Services
- 27. Other service
- 28. No problems accessing service providers
- 29. Have not tried to access any service providers

Q01BAR

- 10. Cannot trust them
- 11. Cost of service
- 12. Disability restricts access to service
- 13. Waiting too long / appointment not available at time required
- 14. Language difficulties
- 15. No service in your area
- 16. Transport / distance
- 17. Poor customer service
- Treated badly because you are Aboriginal and/or Torres Strait Islander
- 19. Inadequate services in your area
- 20. Service not culturally appropriate
- 21. Other reason

Q03BAR

- 1. Voice calls (mobile, fixed telephone, internet)
- 2. Text messaging
- 3. Calls made using a video link (e.g. Skype)
- 4. Web based chat, including phone applications
- 5. Mail / Post
- 6. Email
- 7. Other form of contact used
- 8. No contact

Q05CWF

- 1. Every day
- 2. At least once a week
- 3. At least once a month
- 4. At least once a quarter

Q07CWF

- 10. State or Territory government department
- 11. Federal government department
- 12. Local council
- 13. Legal system
- 14. Healthcare
- 15. Trade union
- 16. Political party
- 17. Media
- 18. University / TAFE / Business college
- 19. Religious / Spiritual group
- 20. School related group
- 21. Big business
- 22. Small business
- 23. No

Q02NAO

- 1. All of the time
- 2. Most of the time
- 3. Some of the time
- 4. A little of the time
- 5. None of the time

Q03NAO; Q04NAO

- 1. Strongly agree
- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree

Q01TRS, Q02TRS, Q03TRS, Q04TRS, Q05TRS, Q06TRS

- 1. Very safe
- 2. Safe
- 3. Neither safe nor unsafe
- 4. Unsafe
- 5. Very unsafe
- 6. Never home alone after dark

Q02SAFE

- 1. Very safe
- 2. Safe
- 3. Neither safe nor unsafe
- 4. Unsafe
- 5. Very unsafe
- 6. Never walk alone after dark

Q03SAFE

- 10. Stayed with relatives
- 11. Stayed at a friend's house
- 12. Stayed in a caravan
- 13. Stayed at a boarding house / hostel
- 14. Stayed in a night shelter
- 15. Stayed in a shelter for the homeless
- 16. Stayed at a refuge (e.g. women's shelter)
- 17. Squatted in an abandoned building
- 18. Slept rough (include sleeping in cars, tents etc.)
- 19. Other
- 20. No

- 10. Travelling / on holiday
- 11. Work related reason
- 12. House-sitting
- 13. Saving money
- 14. Just moved back into town or city
- 15. Building or renovating home
- 16. Tight housing / rental market
- 17. Violence / Abuse / Neglect
- 18. Alcohol or drug use
- 19. Family / Friend / Relationship problems
- Financial problems (e.g. not being able to pay mortgage or rent)
- 21. Mental illness
- 22. Lost job
- 23. Gambling
- 24. Eviction
- 25. Natural disaster
- 26. Damage to house (e.g. house fire)
- 27. Health issues
- 28. Other

- 1. Less than 12 months ago
- 2. 12 months to less than 2 years ago
- 3. 2 years to less than 5 years ago
- 4. 5 years to less than 10 years ago
- 5. 10 years or more ago
- 6. Don't know

- 1. Less than 1 week
- 2. 1 week to less than 2 weeks
- 2 weeks to less than 1 month
- 4. 1 month to less than 2 months
- 5. 2 months to less than 3 months
- 6. 3 months to less than 6 months
- 7. 6 months to less than 1 year
- 8. 1 year or more
- 9. Don't know

- 10. Housing service providers
- Crisis accommodation / supported accommodation for the homeless (e.g. Shelter, Women's refuge etc.)
- 12. Mental health service
- Church or community organisation (e.g. St Vincent De Paul, Salvation Army, Mission Australia etc.)
- 14. Health service
- 15. Local council
- 16. Counselling service
- 17. Solicitor / Legal Aid
- 18. Member of Parliament
- 19. Hospital
- 20. Police
- 21. Job service
- 22. Other

- 1. Did not know of any
- 2. Do not trust support services
- 3. Could not find one
- 4. Service was full
- 5. Refused help
- 6. Bad experience with service in the past
- 7. No need / not required
- 8. Other

- 10. Called names, teased or sworn at
- 11. Heard racial comments or jokes
- 12. Ignored or served last while accessing services or buying something
- 13. Not trusted
- 14. Unfairly arrested or charged
- 15. Told you are less intelligent
- 16. Left out, refused entry or told you don't belong
- 17. Spat at or had something thrown at you
- 18. Any other experience that was unfair
- 19. Have not had an unfair experience
- 20. Don't know

Q01ADISC

- 1. Always
- 2. Often
- 3. Sometimes
- 4. Rarely
- 5. Only happened once

Q03DISC

- 10. Applying for work, or at work
- 11. At home, by neighbours or at somebody else's house
- 12. At school, university, training course or other educational setting
- 13. While doing any sporting, recreational or leisure activities
- 14. By the police, security people, lawyers or in a court of law
- 15. By doctors, nurses or other staff at hospitals or doctors' surgeries
- 16. When accessing government services
- 17. When seeking any other services
- 18. On the internet or telephone
- 19. By members of the public
- 20. Any other situations

Q05DISC

- 10. Applying for work, or going to a job
- 11. School, university, training course or other educational setting
- Doing any sporting, recreational or leisure activities
- 13. The police, security people, lawyers or in a court of law
- 14. Doctors, nurses or other staff at hospitals or doctors' surgeries
- 15. When accessing government services
- 16. Seeking any other services
- 17. Members of the public
- 18. Other situations
- 19. Didn't avoid any situation

Q13DISC

More than one response is allowed (if more than one offender)

- 10. Current partner (defacto / husband / wife)
- 11. Previous partner (defacto / husband / wife)
- 12. Boyfriend, girlfriend or date
- 13. Ex-boyfriend or ex-girlfriend
- 14. Parent
- 15. Child
- 16. Sibling
- 17. Other family member
- 18. Friend
- 19. Work colleague / fellow school student
- 20. Neighbour
- 21. Known by sight only
- 22. Other known person

Q02BVIQ

- 1. Scratches
- 2. Bruises
- 3. Cuts
- 4. Fractures or broken bones
- 5. Broken teeth
- 6. Penetrative injury / stab / gun shot
- 7. Miscarriage
- 8. Other

Q02EVIC

Green

More than one response is allowed

- 10. Walk
- 11. Car / 4wd / truck (as passenger)
- 12. Car / 4wd / truck (as driver)
- 13. Bus regular public
- 14. Bus regular community
- 15. Bus irregular or chartered
- 16. Train
- 17. Tram / Light rail
- 18. Boat / Ferry regular public
- 19. Boat / Ferry regular community
- 20. Boat / Ferry irregular or chartered
- 21. Taxi
- 22. Motorcycle / Motorised scooter
- 23. Bicycle
- 24. Regular aircraft service
- 25. Chartered aircraft
- 26. Other

Q11TRAN

- 1. Prefer to use own transport or walk
- 2. No suitable service available
- 3. Takes too long
- 4. Concerned about own personal safety
- 5. Costs too much
- 6. Treated badly because you're Aboriginal and/or Torres Strait Islander
- 7. Health reasons
- 8. Other

Q13TRAN

- 10. Recently got Learner's licence
- 11. No support available for learning
- 12. Nowhere nearby to get one from
- 13. Cost of licence too much
- 14. Afraid to go to do test
- 15. Health reasons
- 16. Unable to read the test
- 17. Licence was taken away
- 18. Afraid of driving
- 19. Afraid of being, or expect to be, treated badly because you're Aboriginal and/or Torres Strait Islander
- 20. Have fines
- 21. Need to renew
- Do not need or want one
- 23. Other

Q03DRL

- 10. Work
- School / TAFE / University or other educational institution
- 12. Public Library
- 13. Government shop-front / agency / department
- 14. Internet / cyber cafe or similar
- 15. Neighbour's, friend's or relative's house
- 16. Community centre or voluntary organisation
- 17. Parent's work or study place
- 18. Other place

Q06INT

Electronic lodgement of:

- 10. Tax returns
- Claims or applications for benefits (e.g. Centrelink, Medicare)
- 12. Applications for permits etc.
- Bill payments (e.g. using BPAY to pay rates or car registration etc.)

Information or services relating to:

- 14. Taxation
- 15. Pensions or benefits (e.g. Centrelink, Medicare)
- 16. Employment / unemployment
- 17. Community safety education
- 18. Healthcare
- 19. Other

Q07INT



- 10. General health
- 11. Smoking related health condition
- 12. Medical advice
- 13. Cost
- Increased awareness of risks due to advertisements
- 15. Encouraged by family or friends to stop / reduce
- 16. Concerned about effect on others in household
- 17. Too many non-smoking areas
- 18. Improve fitness
- 19. Pregnancy
- 20. Other
- 21. No reason

Q09SMO





Source: National Health and Medical Research Council Q03ALC, Q04ALC, Q05ALC, Q06ALC, Q07ALC

NUMBER OF STANDARD DRINKS - SPIRITS



*Ready to Drink

Source: National Health and Medical Research Council

Q05ALC, Q06ALC, Q07ALC